



# BAY BADMINTON TRAINING ACADEMY

South San Francisco

1404 San Mateo Ave, South San Francisco, CA 94080 – Tel: 650-588-2088

Milpitas

1191 Montague Expressway, Milpitas, CA 95035 – Tel: 408-942-2888

## 2023 Tuition Schedule

Effective August 2023

Pricing	
Monthly	Beginner / Intermediate / High School / Advanced / Elite Team
1x/week	\$190
2x/week	\$325
3x/week	\$410
4x/week	\$465
5x/week	\$495
<ul style="list-style-type: none"> <li>○ Drop-In Training and Trial Price will be \$50; Trial cost will be credited towards month if student registers for remainder of the month.</li> <li>○ Additional siblings may receive a 10% discount off monthly rate.</li> <li>○ Monthly tuition is based on a 4-week basis per month. Please check with front desk for details.</li> </ul>	

Special Class	
BBTA Student	\$40 Drop-in / \$90 Monthly
Non-BBTA Student	\$50 Drop-in
*No make-up sessions for missed Special Class	

### Rules and Restrictions

- Payment is due on the 1<sup>st</sup> of each month. All payments must be received on/or before the 5<sup>th</sup> of each month.
- Customers must provide a valid credit/debit card to BBTA. If paying by cash/check, payment must be made *before the session*.
- Make-up classes are allowed with a **\$10 processing fee** and must be completed within the same month.
- New registrants will be pro-rated only for the first month.
- Only in December will there be prorating, students who participate in tournaments are still responsible for a full month of tuition.
- Students must check-in at the Front Desk *before* the session begins. Students who arrive late will have to jog 15 minutes before joining the class (Student discipline is strictly enforced).
- There will be no lessons held on major holidays (New Year's, Independence Day, Thanksgiving, and Christmas).
- If there are two or fewer students registered for the session, BBTA holds the right to cancel or reduce to a 1-hour session.
- Students must wear any BBC uniform during lessons.

### **Benefits**

- Students attending twice per week or more may play for free anytime outside of class for that month; however, parents must pay for the drop-in admission.
- BBTA students have first priority for private lesson scheduling with BBTA coaches.
- BBTA students will receive member pricing for pro-shop purchases.
- BBTA students will receive an additional \$3 discount (from membership pricing) for restring.

### **Beginner Class**

***Prerequisite: None***

**Ages: 6 - 19**

Program: Designed for children who are new to playing a sport or new to playing badminton. Focus is on teaching the fundamentals of badminton, rules of the game, applicable badminton terminologies, and basic skill sets.

- Badminton 101 (the racket, the shuttlecock, the court, badminton as a sport)
- Basic strokes (including proper grip, swinging of racket, follow through, the use of wrist/arm/shoulder and hip and shoulder movements, racket and shuttlecock point of contact, how to serve and receive serve)
- Footwork and stroke combination
- General Physical Conditioning (warm/cooling down exercises, cardiovascular/ endurance exercises, strengthening and flexibility exercises) – generally a tool to avoid injuries
- Basic Court play rules (scoring for singles and doubles games, service/receiving, faults, court courtesy, sportsmanship)

### **Intermediate Class**

***Prerequisite: Passed Beginner's Class and/or with Coaches' Recommendation***

**Ages: 6 - 19**

Program Description: Designed for children who had previously attended clinics or training sessions for beginners and/or have learned the sport via games played occasionally for fitness or small group competitions (e.g. friendly matches).

- General physical conditioning – endurance, resistance training, flexibility, speed, power (in-court training)
- Application of basic footwork and strokes (intensively focused on the application of skills on court or at play)

### **Intermediate Competition Class**

***Prerequisite: Passed Beginner's Class and/or with Coaches' Recommendation***

**Ages: 7 - 19**

Program Description: Designed for children who had previously attended clinics or training sessions for beginners and/or have learned the sport via games played occasionally for fitness or small group competitions (e.g. friendly matches).

- General physical conditioning – endurance, resistance training, flexibility, speed, power (in-court training)

- Application of basic footwork and strokes (intensively focused on application of skills on court or at play)
- Required to participate in Junior Tournaments yearly.

### **High School Class**

**Ages: 13 – 19**

Program Description: High School program is designed for high school players seeking to improve their performance and technique. Emphasis on competing in Varsity Level training and local/ junior tournament preparation. BBTA provides top-notch coaches to make sure the students learn the proper technique, footwork, and strategies to improve their skill level to the next tier.

### **Advanced / Elite Class**

***Prerequisite: Passed Intermediate Class and/or with Coaches' Recommendation***

**Ages: 10 - 19**

Program Description: Designed for tournament players or those who plan to participate in specific high-level competitions; must have undergone intermediate training e.g. school, club training. Sessions will focus on improving Skills and Techniques to meet higher level/competitive level play. Practice sessions will be intense.

- Minimum: 3x/week
- Intensive physical/strength conditioning — endurance, resistance training, flexibility, speed, power (in-and/or off-court training)
- Court play/mastery (e.g. control & accuracy of strokes)
- Game strategies e.g. how to prepare for a tournament; how to analyze games (in- and /or off-court training)

### **Special Class**

**Ages: 9-19**

Description: Designed for singles & doubles gameplay and strategy development. Includes competitive matches against various range of skill level from Intermediate to International level.

BBTA Student Registration			
Name(Last, First)	Gender	DOB	Age
Emergency Contact			
Name(Last, First)		Relationship	
Contact Number(s)		Email Address	
Address			

Weekly Schedule						
Please "highlight" or circle desired class schedule						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<u>South SF:</u>	<u>South SF:</u>	<u>South SF:</u>	<u>South SF:</u>	<u>South SF:</u>	<u>South SF:</u>	<u>South SF:</u>
OFF	<b>Beginner</b> 4:30PM – 6:00PM	<b>Advanced/Elite</b> 4:30PM – 6:30PM	<b>Intermediate</b> 4:30PM – 6:30PM	<b>Advanced/Elite</b> 4:30PM – 6:30PM	<b>Beginner</b> 3:00PM – 4:30PM  <b>Intermediate</b> 1:00PM – 3:00PM  <b>Advanced/Elite</b> 8:30AM – 11:00AM	<b>Beginner</b> 3:00PM – 4:30PM  <b>Advanced/Elite</b> 1:00PM – 3:00PM  <b>Special Class</b> 5:00PM – 7:30PM
<u>Milpitas:</u>	<u>Milpitas:</u>	<u>Milpitas:</u>	<u>Milpitas:</u>	<u>Milpitas:</u>	<u>Milpitas:</u>	<u>Milpitas:</u>
<b>Beginner</b> 4:10PM – 6:10PM  <b>Intermediate Competition</b> 4:10PM – 6:10PM	<b>Beginner</b> 4:10PM – 6:10PM  <b>Intermediate</b> 4:10PM – 6:10PM  <b>Elite Team</b> 6:30PM – 8:30PM	<b>Beginner</b> 4:10PM – 6:10PM  <b>Intermediate</b> 4:10PM – 6:10PM  <b>Elite Team</b> 6:30PM – 8:30PM	<b>Beginner</b> 4:10PM – 6:10PM  <b>Intermediate</b> 4:10PM – 6:10PM  <b>Intermediate Competition</b> 6:00PM – 8:00PM	<b>Beginner</b> 4:10PM – 6:10PM  <b>Intermediate</b> 4:10PM – 6:10PM  <b>Elite Team</b> 6:00PM – 8:00PM	<b>Beginner</b> 1:00PM – 3:00PM 3:00PM – 5:00PM  <b>Intermediate</b> 1:00PM – 3:00PM 3:00PM – 5:00PM  <b>Advanced/Elite</b> 7:30AM – 10:00AM  <b>Intermediate Special Class</b> 8:00AM – 10:00AM	<b>Beginner</b> 2:00PM – 4:00PM 4:00PM – 6:00PM  <b>Intermediate</b> 12:00PM – 2:00PM  <b>Intermediate Competition</b> 8:00AM – 10:00AM  <b>Elite Team</b> 2:00PM – 4:00PM

**Release of Liability**

I hereby request that you accept the application of \_\_\_\_\_ in the Bay Badminton Center Training Program during the dates set forth in this application, and in consideration of your acceptance, I hereby release Bay Badminton Center, Inc., their trustees and employees from all liability or claims of injuries or property loss that may be sustained by the student while attending Bay Badminton's Training Classes. Such claims include but not limited to claims for gross negligence or recklessness. In addition, I/We, the undersigned, for ourselves, our heirs, executors and administrators, waive, release and discharge Bay Badminton Training Academy, its staff, employees, representatives, successors, all claims of damages, injuries and/or loss arising from activities while at training or approved team tournaments.

**Authorization for Medical Treatment and Release:** In case of emergency or if any medical attention is required for my child, I hereby give my permission to Bay Badminton Center Staff to secure medical treatment and to act on my behalf according to their best judgment, and I hereby release Bay Badminton Training Academy, their trustees and employees from any and all claims relating to the exercise of such judgment.

**With my signature below, I agree to all the terms and conditions of this contract, waiver and release of liability.**

<b>Parent/Guardian/Self (signature)</b>	<b>Date</b>
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